



Patient
Name

Date

You have been diagnosed with COVID-19

This infection is caused by a virus called SARS-CoV-2

- Please self-isolate and follow public health guidance
- More information is here: covid-19.ontario.ca/

No drugs have been shown to work for mild illness

No treatment available in Ontario has been shown to be helpful for patients not requiring admission to hospital. Many of the medications studied can also cause harm.

- Hydroxychloroquine
- Ivermectin
- Antibody cocktails
- Antibiotics
- Colchicine
- Vitamins
- Budesonide

Recommended against
(Does not help or can cause harm)

Currently not recommended
(Not enough information)

What you can do to feel better

- Get lots of rest
- Drink plenty of fluids
- Acetaminophen (Tylenol©) for fever or aches
- Ibuprofen (Advil ©) for fever or aches
- Return to your provider if you do not feel better in _____ days or you feel worse at any time

Prescriber